

EMDR Solutions



Pathways to Healing



Edited by **ROBIN SHAPIRO**

Emdr Solutions Pathways To Healing

Arthur James Wells



Emdr Solutions Pathways To Healing:

EMDR Solutions Robin Shapiro, 2018-11-23 Practical therapeutic strategies and clinical insights from EMDR practitioners who serve diverse clinical populations In EMDR Solutions you will find fifteen exemplary EMDR solutions each of which develops the Standard Protocol in creative and highly effective ways These solutions move EMDR forward and expand the application of this powerful therapeutic approach In this source book of therapeutic strategy and clinical insight each chapter presents step by step instructions for implementing a particular EMDR solution with clients Each intervention is enriched with relevant case histories that bring to life new targets for and variations on the standard EMDR protocol Concrete and specific the clinical work illustrated here will add to you fund of knowledge and broaden your practice Robin Shapiro has gathered a stellar group of EMDR practitioners Each of the contributors offers key therapeutic insights in an easy to digest form Maureen Kitchur presents her Strategic Developmental Model a meta model for EMDR practice that encompasses all phases of the Standard Protocol Ericksonian utilization language and attachment enhancing practices Kitchur s model gives a clear order for EMDR processing and a way to process wordless or implicit experience Roy Kiessling offers his Resource Development strategies Easy to learn and very helpful for clients who are disorganized or in crisis Kiessling s methods turn resources into cognitive interweaves and ego states into resources Sandra Wilson and Robert Tinker demonstrate an effective treatment for phantom limb pain that encompasses treatment from history taking through processing to It s gone A J Popky turns the Subjective Units of Distress scale SUDS on its head by targeting inappropriate positive affect Popky also shares his DeTUR protocol with its Level of Urge to Use LOUU for the treatment of addictions and compulsive behavior Jim Knipe builds on Popky s work with the SUDS and presents techniques for clearing love sickness procrastination avoidance and codependence using the Level of Urge to Avoid LOUA Joanne Twombly and Ulrich Lanius teach two very different preparations for doing EMDR with people with dissociative disorders Twombly s applies techniques derived from hypnosis and ego state work while Lanius shows how to use opiate inhibiting medication to allow EMDR to work with dissociated clients Robin Shapiro addresses the Two Hand Interweave a simple but widely applicable exercise of discernment Shapiro also contributes chapters on using EMDR with anxiety disorders in differentiation based couple s therapy and with generational and cultural introjects Elizabeth Turner engages children with art therapy play therapy and story telling in all phases of EMDR Her chapter is the delightful cherry on top of this informative easy to use book Additional chapters by Carole Lovell Andrew Seubert Jim Cole and Susan Schulherr address EMDR with dialectical behavior therapy DBT with borderline clients working with mentally retarded clients a reenactment tool from guided imagery and the binge starve cycle of eating disorders Whether you read EMDR Solutions cover to cover or peruse one chapter that speaks to a particular technique or client population you will be adding crucial skills and knowledge to your EMDR toolbox [EMDR Solutions I and II COMPLETE SET](#) Robin Shapiro, Celia Grand, 2017-05-30 Robin Shapiro s successful EMDR Solutions and

EMDR Solutions II now available in a two book set In EMDR Solutions you will find fifteen exemplary EMDR solutions each of which develops the Standard Protocol in creative and highly effective ways These solutions move EMDR forward and expand the application of this powerful therapeutic approach In this source book of therapeutic strategy and clinical insight each chapter presents step by step instructions for implementing a particular EMDR solution with clients Each intervention is enriched with relevant case histories that bring to life new targets for and variations on the standard EMDR protocol Concrete and specific the clinical work illustrated here will add to you fund of knowledge and broaden your practice Whether you read EMDR Solutions cover to cover or peruse one chapter that speaks to a particular technique or client population these practical therapeutic strategies and clinical insights from EMDR practitioners who serve diverse clinical populations will be add crucial skills and knowledge to your EMDR toolbox The sequel EMDR Solutions II presents step by step instructions for implementing EMDR approaches to treat a range of issues written by leading EMDR practitioners Its how to approach mixed with ample clinical wisdom will help clinicians excel when using EMDR to treat their clients Together these two books form a comprehensive guide to understanding and implementing EMDR solutions in clinical practice

EMDR Solutions II Robin Shapiro, 2018-11-23 A clear and comprehensive guide to using EMDR in clinical practice This edited collection a follow up to Shapiro s successful EMDR Solutions presents step by step instructions for implementing EMDR approaches to treat a range of issues written by leading EMDR practitioners The how to approach mixed with ample clinical wisdom will help clinicians excel when using EMDR to treat their clients The units include A comprehensive compendium of EMDR interventions for Depression it begins with Robin Shapiro s Assessment Trauma Based and Endogenous Depression chapters continues with Jim Knipe s Shame Based Depression chapter and ends with Shapiro s Attachment Based chapter The eight chapters of the Eating Disorder unit cover all the bases From etiology to neurology through Preparation phases and treatment strategies you ll learn how to work with Bulimia Anorexia Body Dysmorphia Binge Eating Disorder disorders of Desire and more Andrew Seubert is the ring leader The other writers are Janie Scholom Linda Cooke Celia Grand DaLene Forester Janet McGee Catherine Lidov and Judy Lightstone Performance Coaching and Positive Psychology unit emphasizes strengths skills focus and whatever gets in the way of reaching the goal David Grand shares his foundational 15 Strategies for Performance enhancement Ann Marie McKelvey integrates EMDR with Coaching and Positive Psychology The Complex Trauma unit includes Katie O Shea s useful and user friendly Preparation Methods and Early Trauma Protocol Sandra Paulsen and Ulrich Lanius s brilliant collaboration Integrating EMDR with Somatic and Ego State Interventions Liz Massiah s hair raising Intrusive Images chapter and Shapiro s treatment strategies for OCPD Robin Shapiro gives an overview of Medically Based Trauma and her strategies for successful treatment of Multiple Chemical Sensitivities Katherine Davis shows us how Post Partum Depression is often treatable Post Partum PTSD Ronald Ricci and Cheryl Clayton tell us how to use EMDR in our work with Sex Offenders and their complete therapeutic milieu Martha S Jacobi develops our third ear for

using EMDR with Religious and Spiritually Attuned clients Contributors include Cheryl Clayton LCSW Linda J Cooke LCSW BCD DaLene Forester PhD LMFT David Grand PhD The Reverend Martha S Jacobi M Div LCSW Jim Knipe PhD Dr Ulrich Lanius Catherine Lidov MSW LCSW Judy Lightstone PhD MA MS Elizabeth Massiah MSW RSW Reg Psychologist Janet McGee LCSW Ann Marie McKelvey LPCC PCC Katie O Shea MS LMHC Sandra Paulsen PhD Ronald J Ricci PhD Janie Scholom BSN LCSW Andrew Seubert LPC NCC

The Trauma Treatment Handbook Robin Shapiro, 2010-10-11 The therapist's go to source for treating a range of traumatized patients With so many trauma treatments to choose from how can a therapist know which is best for his or her client In a single accessible volume Robin Shapiro explains them all making sense of the treatment options available their advantages and disadvantages and how to determine which treatments are best suited to which clients

Easy Ego State Interventions Robin Shapiro, 2016-01-21 Quick essential techniques to practice ego state therapy a popular therapeutic approach Most of us have different aspects parts or ego states of ourselves the silly and imaginative five year old part for example or the depressed anxious or angry adolescent which manifest as particular moods behaviors and reactions depending on the demands of our external and internal environments Ego state therapy refers to a powerful flexible therapy that helps clients integrate and reconcile these distinct aspects of themselves This book offers a grab bag of ego state interventions simple practical techniques for a range of client issues that any therapist can incorporate in his or her practice In her characteristic wise compassionate and user friendly writing style Robin Shapiro explains what ego states are how to access them in clients and how to use them for a variety of treatment issues After covering foundational interventions for accessing positive adult states creating internal caregivers and working with infant and child states in Part I Getting Started With Ego State Work Shapiro walks readers step by step through a variety of specific interventions for specific problems each ready for immediate application with clients Part II Problem Specific Interventions includes chapters devoted to working with trauma relationship challenges personality disorders suicidal ideation and more Ego state work blends easily and often seamlessly with most other modalities The powerful techniques and interventions in this book can be used alone or combined with other therapies They are suitable for garden variety clients with normal developmental issues like self care challenges depression grief anxiety and differentiation from families and peer groups Many of the interventions included in this book are also effective with clients across the dissociation spectrum dissociation is a condition particularly well suited to ego state work including clients who suffer trauma and complex trauma Rich with case examples this book is both a pragmatic introduction for clinicians who have never before utilized parts work and a trove of proven interventions for experienced hands to add to their therapeutic toolbox Welcome to a powerful flexible resource to help even the most difficult clients build a sense of themselves as adult loveable worthwhile and competent

Doing Psychotherapy Robin Shapiro, 2020-02-25 How to start do and complete psychotherapy that is trauma and attachment based as well as culturally informed Most books about doing psychotherapy are tied to particular psychotherapeutic practices Here

seasoned clinical author Robin Shapiro teaches readers the ins and outs of a trauma and attachment informed approach that is not tied to any one model or method This book teaches assessment treatment plans enhancing the therapeutic relationship and ethics and boundary issues all within a general framework of attachment theory and trauma Practical chapters talk about working with attachment problems grief depression cultural differences affect tolerance anxiety addiction trauma skill building suicidal ideation psychosis and the beginning and end of therapy Filled with examples suggestions for dialogue and questions for a variety of therapeutic situation Shapiro s conversational tone makes the book very relatable Early career therapists will refer to it for years to come and veteran practitioners looking for a refresher or introduction to the latest in trauma and attachment work will find it especially useful

Theories of Counseling and Psychotherapy Linda Seligman, Lourie W. Reichenberg, 2010 Theories of Counseling and Psychotherapy categorises theories by their focus background emotions and sensations thoughts or actions This structure helps students better understand similarities and differences among theories and provides an overarching framework that other texts lack

The British National Bibliography Arthur James Wells, 2005 *American Book Publishing Record* , 2003 Aviation Space and Environmental Medicine , 2002

When There Are No Words , 2017-01-24 This book intended for clinicians treating very early trauma and neglect in the attachment period integrates several treatment strategies in a comprehensive and resonant approach that is attuned to the client s unspoken early experience Although the book presumes EMDR training it has considerable application for other clinicians who deal with the pernicious effects of early trauma and neglect in the attachment period The book is based on the seminal contributions of Katie O Shea and integrates the author s understanding of complex trauma dissociative disorders and the neurobiology of traumatic dissociation including Panksepp Porges Schore and others It draws upon the somatic therapy traditions of Peter Levine and others for accessing the somatically held unprocessed trauma responses Although primarily for clinicians the cartoons are also suitable for use with clients Like the author s first book on dissociation the lay public will be interested in the book because its cartoons make the information comprehensible The early trauma approach in its basic form consists of 1 containment 2 safe state 3 resetting hardwired subcortical affective circuits and 4 clearing trauma by time frame for temporal integration For complex cases each step has ego state variations and there are more preparatory steps to ensure the self system is aligned with treatment goals It integrates ego state work to reduce loyalty to the aggressor and the problem of perpetrator introjects The author was a collaborator of the late father of ego state therapy John G Watkins Ph D Sandra Paulsen offers a third integration approach temporal integration to supplement the tactical integration and strategic integration approaches of Catherine Fine Ph D and Richard Kluft M D respectively The book has over a hundred original drawings by the author which telegraph complex psychological and neurobiological concepts quickly making the book a quicker read than would otherwise be possible The format with its generous use of bullets white space and cartoons mean that a range of readers can scan the chapters for the information relevant to their own needs

Appendices provide detailed information on the mechanics of the work how to ethically work in the intensive format containment procedures for complex cases working with perpetrator introjects Although the book is informal with its use of cartoons the book includes relevant scholarly citations and references Because it is both metaphoric and scholarly it speaks to both the right and left hemisphere s of the reader s brain Many concepts will slip in unawares through the compelling use of metaphor The book includes case examples to illustrate the suggested scripting for accomplishing each of the relevant steps Narrative discussion describes the most likely problems for each step and what to do about them Katie O Shea M S is acknowledged as contributing author because of her development of the original approach and some of the ideas contained in the book Ulrich Lanius Ph D contributed to the neurobiological understandings in the book Above all the author s goal is to help others understand how the story tells itself non verbally when trauma occurs in the attachment period and is held in implicit memory When we hear of the story in the non verbals clinicians can catch and release the traumatic sequelae of very early trauma and neglect The book includes worksheets for clinicians use It supplements the online workshops that Dr Paulsen presents on this same topic and others see www.bainbridgepsychology.com Video Source Book ,2006 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction

Polyvagal-Informed EMDR Rebecca Kase,2023-05-23 Linking two cutting edge approaches to form a robust healing model Polyvagal Theory and EMDR are two well respected theoretical and practical models with immense implications for therapeutic practice Polyvagal Informed EMDR outlines a comprehensive approach for integrating Polyvagal Theory into EMDR Therapy Individually each model offers powerful pathways to healing Combined these models supercharge therapy and the recovery process The integration of Polyvagal Theory within the eight phases of EMDR Therapy offers the psychotherapist a robust dynamic neuro informed framework for case conceptualization treatment planning and client transformation The approach applies not only to work with trauma and PTSD but also in the treatment of addictions anxiety depression grief chronic pain and adjustment disorders EMDR therapists will find a method that maintains fidelity to the evidence based practice of EMDR and aligns with current neuroscience research Topics covered include the nervous system and toxic stress neuroception adaptive memory networks and autonomic resiliency neuro informed history taking and the importance of therapeutic presence Clinical interventions scripts and handouts are included for all eight phases of EMDR as well as case examples and opportunities for experiential practice This is the first book to treat these topics together assessing complex material and presenting it in an approachable engaging manner Healing Addiction EMDR Therapy Jamie Marich,Stephen Dansiger,2021-08-09 There are just so many things that I love about this book that I simply don t know where to begin Marich and Dansiger take an approach that is comprehensive integrative relational and deeply hopeful They share their wisdom and lived experience as skilled clinicians AND as vulnerable human beings who themselves have struggled with addiction benefiting in profound ways from EMDR

therapy Deborah Korn Psy D Co Author of Every Memory Deserves Respect EMDR The Proven Trauma Therapy with the Power to Heal This must read volume offers clinicians a road map to navigate the often convoluted and intricate journey of accompanying clients suffering the aftermath of trauma and addictions Clinicians will find in this book the guidance foundational and advanced skills as well as an incredibly rich repertoire of stabilization strategies Ana M Gomez MC LPC Author of EMDR Therapy and Adjunct Approaches with Children Complex Trauma Attachment and Dissociation Healing Addiction with EMDR is tailored to support therapists along the different phases of EMDR Therapy It focuses on understanding each individual case through case conceptualization and treatment planning and avoiding the simplistic What protocol should we use question People need to be understood as individual beings since this is the essence of EMDR Therapy Dolores Mosquera Co Author of EMDR and Dissociation The Progressive Approach INTRA TP A Coru a Spain Offers a holistic comprehensive approach to addiction treatment that combines standard EMDR therapy with specialty protocols This innovative and brand new EMDR therapy guide for healing addiction is the first book to underscore the efficacy of EMDR therapy as a primary modality for treating trauma and addiction Targeting the trauma lurking beneath the addiction the resource presents a comprehensive collection of best practices and strategies for using EMDR therapy to treat addictive disorders and guides practitioners in incorporating their protocols of choice into EMDR treatment While illuminating underlying theory the book focuses on practice knowledge and how therapists can translate this knowledge into clinical settings in order to provide clinicians with a fully integrated approach to the diagnosis treatment and management of addiction across populations Written in user friendly language by two prominent practitioners and trainers of EMDR therapy the book helps therapists to address the complexity of addictive disorders by providing a comprehensive guide to the standard eight phase protocol and adaptive information processing model as groundwork for case conceptualization and treatment Chapters contain case studies with commentary on relevant decision making points along with discussion questions to enhance critical thinking Abundant Tips and Tricks learned in the trenches make the text come alive with clinical relevance and references to many of the best specialty protocols and strategies for treating clients suffering from addiction due to trauma guide readers to choose the best protocol for each situation Purchase includes digital access for use on most mobile devices or computers Key Features Authors lived experience brings a wealth of real world application Introduces the standard EMDR therapy protocol as a modality of choice for treating trauma and addiction disorders Rates popular specialty protocols for addiction and provides guidance on how to integrate them into treatment Delivers a wealth of best practices and strategies for working with clients with addiction issues Addresses effectively working with dissociation in EMDR therapy Focuses on best practice informed by a thorough review of up to date scholarly literature Uses abundant case studies Tips and Tricks from the Field and practical exercises to reinforce knowledge *EMDR-Sandtray-based Therapy* Ana M. Gómez, 2025-08-12 A powerful multimodal approach for trauma healing Sandtray therapy offers a powerful symbol image

and metaphor based pathway to healing while EMDR therapy activates information processing to integrate and assimilate traumagenic memories Both are powerful approaches for working with clients suffering from complex trauma and when combined EMDR sandtray based therapy offers multiple roads into the traumatogenic memory networks that may not be accessible otherwise enhancing the delicate work of healing the legacy of complex trauma This book introduces a multimodal approach to trauma healing that integrates principles from various methodologies With a wealth of resources case examples hands on strategies and moment to moment decision making markers it is a practical and comprehensive guide for EMDR and sandtray clinicians experts and novices alike Various delivery formats for this therapy are explored including individual group family and dyadic modalities thus offering robust pathways for healing **Subject Guide to Books in Print** ,1991

Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy Carol Forgash,Margaret Copeley,2007-12-17 This read truly does have something for everyone who works with trauma and dissociative processes American Journal of Clinical Hypnosis This volume which takes a multi perspective approach to the practice of EMDR and Ego State Therapy presents a wide variety of ways to integrate these two therapies both with each other and with other complementary methods in the treatment of trauma and dissociation European Association for Body Psychotherapy EMDRIA has approved this book for a Distance Learning Book Course for 8 EMDRIA credits This book pioneers the integration of EMDR with ego state techniques and opens new and exciting vistas for the practitioners of each From the foreword by John G Watkins PhD founder of ego state therapy This read truly does have something for everyone who works with trauma and dissociative processes American Journal of Clinical Hypnosis The editors have gathered many experts in the field who explain in clear informative ways how to expand the clinician s abilities to work with this terribly injured population This book blends concepts from neurobiology hypnosis family systems theory and cognitive therapy to enhance treating this population It is a well written book that the novice as well as the seasoned clinician can benefit from Mark Dworkin author of EMDR and the Relational Imperative This book conveys complex concepts that will be of interest to seasoned therapists with a clarity that will appeal to the novice as well This is really a wonderful text with many excellent ideas and I highly recommend it to anyone who treats trauma Sarah Chana Radcliffe M Ed C Psych Assoc Author Raise Your Kids without Raising Your Voice I believe that this book is a significant contribution to the fields of psychology and EMDR It is the first of its kind anyone who reads this will gain greater confidence in using EMDR and ego state therapy with highly dissociative and complicated clients Sara G Gilman in Journal of EMDR Practice and Research Volume 3 2009 This is a book about polypsychism and trauma It offers a number of creative syntheses of EMDR with several models of polypsychism It also surveys and includes many other models of contemporary trauma theory and treatment techniques The reader will appreciate its enrichment with case examples and very generous bibliographic material If you are a therapist who works with patients who have been traumatized you will want this book in your library Claire Frederick MD Distinguished Consulting Faculty Saybrook Graduate

School and Research Center Training in EMDR seems to have spread rapidly among therapists in recent years. In the process, awareness is growing that basic EMDR training may not be adequate to prepare clinicians to effectively treat the many cases of complex trauma and dissociation that are likely to be encountered in general practice. By integrating it with ego state therapy, this book may just serve as a crucial turning point in the development of EMDR by providing a model for productively applying it to the treatment of this important and sizeable clinical population. Steven N. Gold, PhD, President Elect, APA Division of Trauma.

The powerful benefits of EMDR in treating PTSD have been solidly validated. In this groundbreaking new work, nine master clinicians show how complex PTSD involving dissociation and other challenging diagnoses can be treated safely and effectively. They stress the careful preparation of clients for EMDR and the inclusion of ego state therapy to target the dissociated ego states that arise in response to severe and prolonged trauma. **Getting Past Your Past** Francine Shapiro, 2013-03-26. An accessible user's guide to overcoming trauma from the creator of a scientifically proven form of psychotherapy that has successfully treated millions of people worldwide. Whether we've experienced small setbacks or major traumas, we are all influenced by our memories and by experiences we may not remember or fully understand. *Getting Past Your Past* offers practical techniques that demystify the human condition and empower readers looking to take charge of their lives. Shapiro, the creator of EMDR (Eye Movement Desensitization and Reprocessing), explains how our personalities develop and why we become trapped into feeling, believing, and acting in ways that don't serve us. Through detailed examples and exercises, readers will learn to understand themselves and why the people in their lives act the way they do. Most importantly, readers will also learn techniques to improve their relationships, break through emotional barriers, overcome limitations, and excel in ways taught to Olympic athletes, successful executives, and performers. An easy conversational style, humor, and fascinating real-life stories make it simple to understand the brain science, why we get stuck in various ways, and how to achieve real change. *EMDR in Family Systems* Diana Mille, 2017-12-06. EMDR in Family Systems provides clinicians with a clear account of the EMDR process and a comprehensive step-by-step approach to healing trauma through integrating EMDR with other therapeutic tools. The book provides a unique protocol utilizing numerous evidence-based diagnostic assessments, in-depth psychoeducation on attachment issues, Internal Family Systems therapy, and mindfulness and Metaframeworks, a Family Systems modality as a model to enhance EMDR. Filled with a wealth of information on the latest clinical studies on topics from the neurobiology of trauma to the effectiveness of mindfulness practices in EMDR, this book will open up a host of productive new avenues for EMDR therapists to pursue with their clients. **Spiritual Trauma & Emdr Therapy** Mark Odland, 2016-11-13. In April of 2016, a ground-breaking distance learning course on EMDR and Spiritual Trauma made its debut, and the response was overwhelming. EMDR therapists from countries around the world registered for the webinar, and the positive reviews began to pour in. Now in book form, this unique publication offers EMDR therapists yet another way to receive this sought-after training. Here's what people are saying about Mark's teachings on Spiritual Trauma.

Mark's style, knowledge and wisdom made this seminar a Pearl of EMDR training. I am looking forward to more of his teachings. Elena Coello Jemmali Psy D Miami FL. This information on spiritual trauma should be required learning for all therapists in their diversity trainings. I love how Mark blended in EMDR Therapy and the AIP Model. It felt very organic. Thank you Mark. Susan Arland MA LMHC EMDRIA Approved Consultant Des Moines Iowa. I loved the way that Mark presented in such a real and practical manner with examples that really helped bring the concepts home. I definitely have learnt much that I can use in my counseling practice. Thanks again Preethi Jacob India. Thank you Mark for the time and effort you put into developing this training. It gives words and understanding to the dynamics of spiritual trauma and helps to shed light on the possibility of freedom and overcoming. Your training has been a blessing to me and gives me tools to add to my practice including assessments and resources as well as things to think about and ways to develop curiosity with clients in their therapy process. I believe this will help to continue to shape our ability to be genuine and compassionate with others both in and out of our offices. Shelly Teske Hulan Registered Psychologist Alberta Canada. Thank you so much for sharing your experience and expertise. I have some more tools in my toolkit and have learned how to use the ones I already had in new ways. Maureen Martens MA CPC ICADC CSAT. I found this seminar to be very helpful. In a time where spirituality is seen as a taboo subject, Mark presented and shared how beneficial and healing one's faith can be. Jennifer Knapp LPCC Perrysburg OH. I find Mark's course so helpful because it provides a framework and interventions that help a therapist set clear boundaries around their own biases while supporting clients in examining their existential questions. I think any therapist can benefit from this webinar and highly recommend it. Terry L Chapman MSW LICSW Fairmont WV. This course provided practical ways to address spiritual trauma which is often overlooked in an engaging and meaningful way. Deborah Moyer MA LMFT San Diego CA. Mark presented this course with a strong knowledge base on both EMDR therapy and spirituality. His examples for Cognitive Interweaves were excellent and very useful. He integrated new concepts with already established beliefs about religion and spirituality that caused me to rethink these concepts. Truly a valuable and enjoyable experience. Wanda K Holloway PsyD LPC LCSW Springfield MO. Mr Odland's presentation gave testimony to the importance of including the client's own spiritual background as an important tool in the overall healing process. I believe this can be a very valuable addition to my therapeutic arsenal. Sandra Lowen PhD LCSW Graham WA. An important and well organized introduction to a deep and possibly under assessed area of trauma. Wendy Krauss MS LMHC CAS Leesburg FL. What a fair and sensitive presentation of this important subject. Michael Govan MA LLP LPC Troy MI. The content of this book is intended for fully trained EMDR therapists and is approved by EMDRIA for 6.0 CE credits and is also available as an e-book, audio or webinar training. Purchasing a post test is required to gain access to credits. To find out more visit bilateralinnovations.com

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