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# Gerontologic Nursing

FOURTH EDITION



# Gerontologic Nursing 4e

**Kristen L. Mauk**



## Gerontologic Nursing 4e:

**Gerontological Nursing Competencies for Care** Kristen L. Mauk, 2017-04-14 Gerontological Nursing Competencies for Care Fourth Edition focuses on caring for the elderly by employing a holistic and interdisciplinary approach. The text follows the framework of the core competencies for baccalaureate nursing education published by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing. This framework is structured to ensure nursing students attain the recommended knowledge to achieve the competencies necessary to provide excellent care to older adults. Back cover *Gerontologic Nursing - E-Book* Jennifer J. Yeager, Mary B. Winton, Sue E. Meiner, 2024-11-14 Prepare to compassionately care for the aging population with Gerontologic Nursing 7th Edition, uniquely known for its comprehensive coverage of the most common medical/surgical problems associated with older adults. Organized by body system for easy retrieval of information, it delves into health promotion and both basic and complex gerontologic concepts and issues. A disorder-focused approach addresses nursing management and care coordination across health care delivery settings. This text emphasizes topics such as nutrition, chronic illness, emergency treatment, patient teaching, home care, and end-of-life care, and provides you with a solid foundation to meet the future challenges of providing nursing care for the vast and growing older adult population. NEW Next Generation NCLEX NGN style cases and questions are included in select clinical chapters. NEW Aging theory and nursing theory content promotes understanding of the relationship between theory and practice. NEW Cultural content integrated throughout the text facilitates culturally congruent care practices. UPDATED Completely revised chapters ensure content is relevant and practice related for the gerontologic nurse. Body system chapters include an overview of age-related changes in structure and function. Current standards and guidelines are reflected throughout to ensure you are learning the most up-to-date information. Essential nursing care guidelines are presented in each clinical chapter. Psychologic and sociocultural issues and aspects of older adult care are integrated throughout the text. Clinical judgment questions at the end of chapters challenge you to apply your knowledge and clinical judgment skills. Helpful boxes throughout the text highlight key information including Nursing Care Plan, Patient/Family Teaching, Health Promotion, Illness Prevention, Nutritional Considerations, Evidence-Based Practice, Emergency Treatment, Home Care. Key points and summary sections at the end of chapters reinforce the most important concepts and information. One Next Generation NCLEX NGN style case question added to each clinical chapter. Adding content on culturally congruent care to Socioeconomic and Environmental Influences chapter. Expanded content on Pressure Injuries. Expanded content on Infection/Inflammation. *Gerontological Nursing: Competencies for Care* Kristen L. Mauk, 2022-03-29 The Fifth Edition of Gerontological Nursing takes a holistic approach and teaches students how to provide quality patient care for the older adult, preparing them to effectively care for this population. Gerontology Nursing Case Studies Donna J. Bowles, 2011-02-24 Designated a Doody's Core Title. This is an excellent teaching guide and resource manual for instructors, gerontological

nursing students and practicing nurses and social workers who wish to learn more about geriatric concerns and care It will be kept by nursing students long after they graduate as a guide to resources that will be valuable throughout their nursing careers As a home care nurse working mainly with the geriatric community I found the resources helpful in my practice As an instructor I found the book to be a very useful guide for teaching geriatrics Score 90 4 Stars Doody s Medical Reviews Donna Bowles s Gerontology Nursing Case Studies is a unique volume that effectively addresses the lack of gerontology case studies for use with undergraduate nursing students Case studies are a pedagogically powerful approach to active learning that offer opportunities to apply content to clinical practice The Gerontologist The case narrative approach of this book promotes active learning that is more meaningful to students and practicing nurses and more likely to increase the transfer of evidence into practice An excellent resource for faculty staff educators to facilitate critical learning skills Liz Capezuti PhD RN FAAN Dr John W Rowe Professor in Successful Aging Co Director Hartford Institute for Geriatric Nursing New York University College of Nursing This is a terrific text that provides nurses and other health care providers with good basic information about clinical problems and challenges we face in providing care to older adults It should be considered required reading in all undergraduate programs From the foreword by Barbara Resnick PhD CRNP FAAN FAANP Professor University of Maryland School of Nursing Sonya Ziporkin Gershowitz Chair in Gerontology At the heart of this unique volume are 100 case studies of older adults that address nearly every issue physical mental and psychosocial that may confront health care providers who work with the aging population These case studies culled from contributors with several centuries worth of combined nursing expertise are designed to guide nursing students in the development of interventions that encompass both complementary and alternative health strategies Exercises interspersed throughout each case study are designed to foster critical thinking and decision making skills These case narratives provide a holistic approach to problem solving in regard to political ethical and legal issues loss and end of life issues elder abuse depression addiction and suicide self esteem and family relationships sexuality age related health issues cognitive impairment cultural diversity as it relates to aging pain management and sleep disturbances The volume also addresses such contemporary psychosocial issues as gambling addiction hoarding behavior emergency preparedness the aging driver and long distance caregiving Key Features Provides 100 evidence based case studies Cultivates development of critical thinking and decision making skills Features realistic contemporary scenarios Designed for use across the gerontology nursing curriculum Geared for AACN and NLN Accreditation Organized according to the needs of actual clinical settings     *Gerontological Nursing* Charlotte Eliopoulos,2020-12-22 Gerontological Nursing Tenth Edition focuses on the content that students need to know for effective practice offering engaging evidence based coverage of the aging process factors contributing to healthy aging and unique aspects of disease presentation and management in older adults The tenth edition retains the text s acclaimed holistic approach and logical overview of the aging process with updated content throughout to help students confidently care for an increasingly diverse population This edition

also includes Next Generation NCLEX Style Case Studies and Questions which help students review important concepts and practice for the next generation NCLEX as well as Unfolding Patient Stories that correlate directly to simulated patient scenarios in vSim for Nursing for enhanced preparation for practice      *Ebersole and Hess' Gerontological Nursing & Healthy Aging - E-Book* Theris A. Touhy, Kathleen F Jett, 2021-04-07 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Geriatrics Gain the nursing skills you need to provide wellness based care for older adults Ebersole and Hess Gerontological Nursing Healthy Aging 6th Edition uses a holistic approach to describe compassionate care along a continuum of wellness Designed to promote healthy aging regardless of the patient's situation or disorder this text provides best practice guidelines in covering physical psychosocial spiritual and cognitive health New to this edition are Next Generation NCLEX style case studies updates on measuring clinical judgment expanded coverage of core competencies and more Written by gerontological nursing experts Theris Touhy and Kathleen Jett this concise text provides a solid foundation in every aspect of healthy aging Focus on health and wellness provides the evidence based information and strategies needed to promote healthy aging Key concepts learning activities and discussion questions in every chapter emphasize the information needed to enhance care Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout Discussion of disease processes is placed in the context of healthy adaptation nursing support and responsibilities Easy to use information on nursing techniques and communication appears with the associated disorders symptoms and situations Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care Discussions of nursing and interprofessional actions help students learn to enhance wellness maintain optimal function and prevent unnecessary disability Coverage of age cultural racial and gender differences highlights these important considerations in caring for older adults NEW Updates reflect the NCSBN Clinical Judgment Model NEW Next Generation NCLEX NGN style case studies provide optimal preparation for the Next Generation NCLEX Examination NEW Specialized information addresses the unique needs of older adults such as atypical disease presentation geriatric syndromes neurocognitive disorders quality of life with chronic illness legal and ethical issues and mental health challenges such as depression and substance abuse NEW Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care NEW Gerontological expertise is incorporated into nursing actions and complements other nursing texts including med surg community health mental health and assessment books used in programs without a freestanding gerontological nursing course NEW Expanded content includes information on COPD guidelines medication use and misuse Alzheimer's Disease wound care guidelines diagnosis and treatment of sleep disordered breathing joint replacement caregiver strain hospice and transitional care and more      Gerontological Nursing Caroline Vafeas, Susan Slatyer, 2020-07-31 This first edition Australian text aligns nursing care principles and practice to the unique requirements of older people Written by leading academics and clinicians Gerontological Nursing A holistic approach

to the care of older people covers the essential skills of gerontological care with a focus on chronic diseases neurocognitive disorders mental health quality of life and healthy ageing palliative care and bereavement safety issues and the role of the caregiver As nurses play an ever more critical role in supporting the needs of an ageing population this essential text will enable nursing students to navigate the complexities of older people s healthcare promote healthy ageing and help people to live well End of chapter practice scenarios with questions Tips for best practice Focus on contemporary models of care and clinical governance Inclusion of most common chronic diseases affecting older adults including dementia depression and delirium Dedicated chapter on Safety and Security Expert contributors from multiple Australian and New Zealand universities Aligned to the Australian Aged Care Quality Standards as well as international standards and guidelines An eBook included in all print purchases Additional resources on Evolve eBook on VitalSource Instructor resources PowerPoints MCQs Chapter worksheets

*Gerontological Nursing Etext 2.0 Access Code Card* Patricia A. Tabloski, 2018-09-09 A holistic guide to nursing care for older adults across settings Pearson eText for Gerontological Nursing is a comprehensive research based guide to the nursing care of older adults It addresses normal and pathophysiological changes of aging as well as psychosocial cultural and public health influences With a focus on adding life to years not just extending life the text illuminates evidence and best practices that promote safe effective assessment diagnosis and outcomes The 4th edition provides new evidence and standards affecting the care of aging populations plus new practice opportunities preparing students for the NCLEX RN R exam and nursing practice Note Gerontological Nursing 4th Edition is offered only in a Pearson eText format or as an eText from other vendors such as VitalSource R Redshelf or Amazon R Students can also purchase a low cost loose leaf print version of the title through their Pearson eText For courses in gerontology and gerontological nursing Pearson eText allows educators to easily share their own notes with students so they see the connection between their reading and what they learn in class motivating them to keep reading and keep learning Portable access lets students study on the go even offline And reading analytics offer insight into how students use the eText helping educators tailor their instruction NOTE This ISBN is for the Pearson eText access card For students purchasing this product from an online retailer Pearson eText is a fully digital delivery of Pearson content and should only be purchased when required by your instructor In addition to your purchase you will need a course invite link provided by your instructor to register for and use Pearson eText

*Ebersole and Hess' Gerontological Nursing & Healthy Aging - E-Book* Theris A. Touhy, Kathleen F Jett, 2013-03-15 Ebersole Hess Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness based holistic approach to older adult care Designed to facilitate healthy aging regardless of the situation or disease process this text goes beyond simply tracking recommended treatments to address complications alleviate discomfort and help older adults lead healthy lives Featuring evidence based practice boxes safety alerts expanded tables and careful attention to age gender and cultural differences Ebersole Hess Gerontological Nursing

and Healthy Aging is the most complete text on the market Focus on health and wellness helps you gain an understanding of the patient s experience AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout Consistent chapter organization and pedagogy including Learning Objectives Glossary and Research and Study Questions Activities Evidence Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown ineffective or harmful effects Careful attention to age cultural and gender differences helps you understand these important considerations in caring for older adults Expanded tables boxes and forms including the latest scales and guidelines for proper health assessment make information easy to find and use Activities and discussion questions at the end of every chapter equip you with the information you need to assess the patient UPDATED Healthy People 2020 boxes integrate information about healthy aging NEW Safety Alerts highlight safe practices and quality of care QSEN competencies NEW Chapter on Neurologic Compromise expands content on stroke and Parkinson s disease *Journal of Gerontological Nursing* ,1982 Gerontological Nursing Charlotte Eliopoulos,2013-02-01 Eliopoulos provides students with the content they need taking a holistic approach to gerontological nursing Updated for currency the text works to ensure students are prepared for their careers with new real world application and care competencies to help guide work place decisions With DocuCare availability this new edition also connects textbook resources with clinical and simulation setting via supplementary resources **Matteson & McConnell's Gerontological Nursing** Adrienne Dill Linton,Helen W. Lach,Mary Ann Matteson,2007 Matteson McConnell s Gerontological Nursing 3rd Edition provides comprehensive research based information on nursing care of older adults Beginning with the basics the text uses a systems approach to describe the aging process from wellness to illness It also describes physiological and psychological aspects of aging in detail as well as assessment and practice in all settings using the nursing process Each chapter incorporates a research and theory based approach to the aging process Content is comprehensive and focuses on caring for the older adult The text examines the differences between normal aging conditions and clinical problems conditions Competencies and Roles in Gerontological Nursing section focuses on the process that nurses especially clinical nurse specialists use to impact gerontological nursing care Nursing care plans provide the practitioner with nursing care scenarios applied to clinical practice Expanded content on functional assessment including addressing communication issues both verbal and non verbal alerts the reader to vital issues that may affect the patient s plan of care Color insert visually complements material on the integumentary section as it illustrates some of the major integumentary conditions affecting the gerontologic population Reflections boxes written by experts across different nursing fields share personal experiences related to the chapters content Toward Better Health boxes provide key considerations for promoting healthy lifestyles Assessment boxes emphasize specific physical tests and observations to make when assessing a patient Age Related Changes boxes detail the ways in which particular body systems are affected by the aging process New chapters on End of Life Care Evidence Based Practice and Assisted Living Care give

the reader a more comprehensive look at gerontological nursing care      Assisted Living Nursing Ethel Mitty, Barbara Resnick, 2009-07-13 Designated a Doody's Core Title Caring for the older adult population is a challenge and the goal of nursing practice is to help preserve or restore an older adult's function and maximize their well being and quality of life This book is a wonderful resource for assisted living clinicians and nurses who wish to serve this population It is well written easy to read and well organized so it can be used as a textbook for nursing students in geriatric nursing Score 94 4 stars Doody's This book written by and for nurses across the spectrum of nurse providers advanced practice nurses delegating nurses and the direct care workforce covers all aspects of management as well as the many common clinical problems and syndromes we encounter among older adults Further this book proposes wonderful assessment and intervention material that will help the entire health care team keep residents within their AL communities through early recognition and management of acute illnesses Kudos to our nursing colleagues for editing this publication and may it serve as the useful guide for AL residents across the country John B Murphy MD President American Geriatrics Society Professor of Medicine and Family Medicine Warren Alpert Medical School of Brown University This book provides a comprehensive overview of both management activities and clinical competencies for assisted living nurses The authors provide practical guidelines and decision making models to help nurses address both the large and small scale challenges of their daily practice With Assisted Living Nursing readers can gain the essential problem solving and task management skills critical to their daily work The contributors cover a wide range of topics including Management Ethics in nursing practice Regulatory oversight and reimbursement Organizational culture Leadership theories and styles Conflict resolution Finance and budget management Risk assessment Clinical Practice Admission transfer discharge assessment Infection Control Cultural aspects of care Geriatric clinical syndromes and disorders Palliative and hospice care principles Rehabilitation restorative nursing Theories of aging Ultimately this book serves as the definitive one stop resource addressing virtually every topic of interest to assisted living nurses      Basic Geriatric Nursing - E-Book Patricia A. Williams, 2022-06-08 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Geriatrics Provide compassionate professional nursing care for older adults Designed for LPN LVNs Basic Geriatric Nursing 8th Edition offers a practical introduction to concepts of aging and the physiologic and psychosocial changes that affect the elderly adult Clear guidelines help you master basic skills such as health assessment nursing diagnosis therapeutic communication medication administration and nursing interventions in a variety of health care settings New Next Generation NCLEX examination style case studies help you develop clinical judgment and nursing care plans show how to apply theory to practice Written by experienced nursing educator Patricia Williams this book provides the knowledge and skills you need to care for an aging population Learning features in each chapter include objectives key terms with phonetic pronunciations basic concepts and clinical application all connected by case examples and a relevant research study or analysis of multiple studies Nursing Process sections provide a framework for nursing care of older adults as related



to specific disorders Get Ready for the NCLEX Examination sections include key points additional learning resources and NCLEX review questions with answers and rationales on the Evolve website Nursing Care Plans provide real world examples of care plans along with critical thinking questions Nursing interventions are grouped by health care setting e g acute care extended care home care Clinical Situation boxes highlight real life care scenarios Coordinated Care boxes address leadership and management issues for the LPN LVN and include topics such as restraints and end of life care Critical Thinking boxes help you develop and improve skills in clinical judgment Special boxes are included for health promotion safety nurse alerts patient education cultural considerations home health considerations complementary health approaches and more Medication tables summarize information about drugs commonly used in geriatric nursing NEW Next Generation NCLEX examination style case studies at the end of chapters include new format questions to help you prepare for the licensure examination NEW Discussion of the NCSBN Clinical Judgment Measurement Model helps you learn decision making and develop the skills needed to plan effective nursing care NEW Free Study Guide on the Evolve website includes Next Generation case studies and review questions to reinforce your understanding

*Gerontologic Nursing* Annette Giesler Lueckenotte, 2000 GERONTOLOGIC NURSING provides comprehensive coverage of health promotion gerontologic concepts and issues and medical surgical problems associated with the older adult Divided into seven parts each chapter follows a consistent organization including learning objectives emergency boxes client and family teaching boxes research boxes key points special insights and new health promotion and nutrition boxes The second edition also includes a new chapter on health promotion expanded chapters on nutrition and functional assessment and a dedicated MERLIN which provides the student and instructor with additional up to date tools and resources to enhance and expand their content knowledge Includes a FREE MERLIN website at [www.harcourthealth.com](http://www.harcourthealth.com) MERLIN Lueckenotte

**Gerontological Nursing** Kristen L. Mauk, 2013-03-15 Important Notice The digital edition of this book is missing some of the images or content found in the physical edition Gerontological Nursing Competencies for Care Second Edition is a comprehensive and student accessible text that offers a holistic and inter disciplinary approach to caring for the elderly The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing Building upon their knowledge in prior medical surgical courses this text gives students the skills and theory needed to provide outstanding care for the growing elderly population This innovative text is the first of its kind to have over 40 contributing authors from many different disciplines Some of the key features of the text include chapter outlines learning objectives discussion questions personal reflection boxes case studies and more

**Evidence-Based Geriatric Nursing Protocols for Best Practice** Marie Boltz, Marie P. Boltz, Elizabeth Capezuti, Terry T. Fulmer, DeAnne Zwicker, 2016-03-28 This new edition of one of the premier references for geriatric nurses in hospital long term and community settings delivers current guidelines real life case studies and evidence based protocols developed by

master educators and practitioners With a focus on improving quality of care cost effectiveness and outcome the fifth edition is updated to provide the most current information about care of common clinical conditions and issues in older patients Several new expert contributors present current guidelines about hip fractures frailty perioperative and postoperative care palliative care and senior friendly emergency departments Additionally chapters have been reorganized to enhance logical flow of content and easy information retrieval Protocols systematically tested by more than 300 participating NICHE Nurses Improving Care for Health system Elders hospitals are organized in a consistent format and include an overview evidence based assessment and intervention strategies and an illustrative case study with discussion Additionally protocols are embedded within chapter text providing the context and detailed evidence for each Chapter objectives annotated references and evidence ratings for each protocol are provided along with resources for additional study New to the Fifth Edition Reorganized to enhance logical flow of information and ease of use Updated and revised Includes new contributions from expert educators and practitioners Provides new chapters on perioperative and postoperative care general surgical care care of hip fracture palliative care and the senior friendly emergency department Key Features Includes PowerPoints and a test bank for instructors Delivers evidence based current guidelines and protocols for care of common clinical conditions in the older person Illustrates the application of clinical protocols to real life practice through case studies and discussion Edited by nationally known geriatric leaders who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Written for nursing students nurse leaders and practitioners at all levels including those in specialty roles

**Gerontological Nursing: Competencies for Care** Kristen L. Mauk, 2009-03-18      *Gerontological Nursing* Patricia A. Tabloski, 2013-05-24 This is the eBook of the printed book and may not include any media website access codes or print supplements that may come packaged with the bound book GERONTOLOGICAL NURSING 3 e is a comprehensive research based and up to date guide to nursing care for older adults in all settings It brings together essential information about normal and pathological changes associated with aging healthy aging common diseases of aging and key psychosocial cultural and public health issues Reflecting today s emphasis on evidence based practice and appropriate delivery of scarce healthcare resources this text presents new best practices and QSEN standards throughout promoting more effective assessment diagnosis planning and outcome evaluation The text s multidisciplinary approaches help nurses add life to years not just extend life Its coverage of acute and chronic diseases includes nursing implications atypical presentation functional implications pharmacology evaluation etiology risk factors and complications the text also includes a full chapter on multisystem diseases This book supports safe effective and appropriate practice in the home hospitals long term care and hospice settings

*Cumulated Index Medicus* ,1978

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## **Table of Contents Gerontologic Nursing 4e**

1. Understanding the eBook Gerontologic Nursing 4e
  - The Rise of Digital Reading Gerontologic Nursing 4e
  - Advantages of eBooks Over Traditional Books
2. Identifying Gerontologic Nursing 4e
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Gerontologic Nursing 4e
  - User-Friendly Interface
4. Exploring eBook Recommendations from Gerontologic Nursing 4e
  - Personalized Recommendations
  - Gerontologic Nursing 4e User Reviews and Ratings
  - Gerontologic Nursing 4e and Bestseller Lists
5. Accessing Gerontologic Nursing 4e Free and Paid eBooks
  - Gerontologic Nursing 4e Public Domain eBooks
  - Gerontologic Nursing 4e eBook Subscription Services
  - Gerontologic Nursing 4e Budget-Friendly Options
6. Navigating Gerontologic Nursing 4e eBook Formats

- ePub, PDF, MOBI, and More
- Gerontologic Nursing 4e Compatibility with Devices
- Gerontologic Nursing 4e Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Gerontologic Nursing 4e
  - Highlighting and Note-Taking Gerontologic Nursing 4e
  - Interactive Elements Gerontologic Nursing 4e
- 8. Staying Engaged with Gerontologic Nursing 4e
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Gerontologic Nursing 4e
- 9. Balancing eBooks and Physical Books Gerontologic Nursing 4e
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Gerontologic Nursing 4e
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Gerontologic Nursing 4e
  - Setting Reading Goals Gerontologic Nursing 4e
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Gerontologic Nursing 4e
  - Fact-Checking eBook Content of Gerontologic Nursing 4e
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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