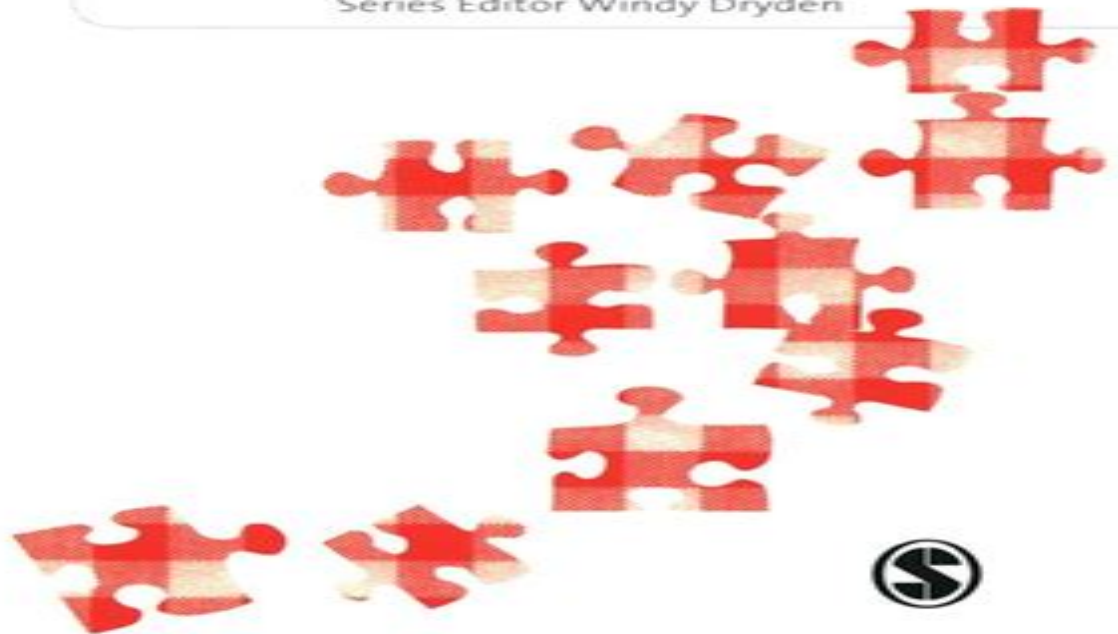


Experiences of Counselling in Action

Edited by Dave Mearns and Windy Dryden

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Experiences Of Counselling In Action

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Experiences of Counselling in Action Dave Mearns, Windy Dryden, 1989-12-06 How hard it is to find a book to recommend to trainees which will give them an insight into what counselling and psychotherapy too for that matter is really like This book does exactly that This is a book which would be equally useful to the humanistic practitioner and the more orthodox one The breadth of sympathy is admirable in dealing with what is common to all orientations This is one of those rare books which does justice both to the human experiences involved in counselling and psychotherapy and to the theory which might explain those experiences Changes What is the experience of counselling from the perspectives of both client and counsellor What can be learned for the practice of counselling from an understanding of how it feels to be a client or a counsellor Addressing these questions central to this book are the personal accounts of individual clients and counsellors who each relate their own very different experiences of counselling They explore such issues as identity expectations trust power and boundaries in the client counsellor relationship And each examines the intense personal meanings of success or failure in the client or counsellor role An analysis of the implications for the counselling relationship concludes the volume

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Gestalt Counselling in Action Petruska Clarkson, 1989-09 The Gestalt approach to counselling recognizes that human functioning is biologically and socially need based and operates in a cyclical fashion As one need is fulfilled another arises itself seeking fulfilment If this natural cycle is interrupted difficulties occur This book provides a clear guide to Gestalt therapy It is designed to follow the developmental stages in the counselling process Petruska Clarkson relates the cycle of

formation and destruction to the different stages and provides extensive examples of treatment and the specific techniques appropriate to each step and to different kinds of clients

A Systemic Approach to Integrative Counselling Rick Murphy, 2024-08-06 This book presents systemic psychotherapy to integrative counsellors by using the most common counselling modalities and turning them into systemic approaches A Systemic Approach to Integrative Counselling teaches systemic theory and techniques gradually delving into various ways for integrative counsellors to think from a systemic perspective reframing a client's presenting problem as emerging from relationships and social context The chapters discuss how to combine person centred counselling with a systemic outlook how to combine psychodynamic theory with ideas about circularity and relationships and outlines ways to use cognitive behavioural therapy action techniques drama techniques gestalt therapy and many counselling approaches systemically with individual clients The author's conversational writing accompanied with case studies and in depth explanations of counselling techniques and theories makes the material interactive and accessible A Systemic Approach to Integrative Counselling will provide qualified and trainee counsellors with an in depth systemic outlook on counselling modalities It is also a helpful guide for scholars and researchers in related fields

Key Issues for Counselling in Action Windy Dryden, 1989-08 A stimulating and valuable book British Journal of Guidance and Counselling This concise and practical book tackles the key issues which all counsellors regardless of their theoretical orientation encounter in the counselling process from its beginning to its termination It assesses and provides views on some of the major challenges common to any counselling process such as structuring trust evaluation the reluctant client improving the counselling relationship transference and countertransference

Counselling in the Voluntary Sector Nicholas Tyndall, 1993 Nicholas Tyndall has drawn upon his extensive experience of counselling and training in personal and family organizations to provide a comprehensive picture of the voluntary sector In his clear accessible style he outlines the beginnings of counselling in Britain and charts the development of the growing number of specialist and generic agencies The book is written in the firm belief that the voluntary sector can combine what is best in the amateur and the professional Its scope and practices are explored Methods of selection training and supervision of counsellors are compared and the challenges facing staff and management committees are examined The book highlights the strengths and weaknesses of voluntary counselling and identifies the need to improve equal opportunities fill new gaps and develop inter agency collaboration The author has harsh words for public bodies which have high expectations of volunteers but are not prepared to meet the cost He offers helpful advice for existing agencies and those wanting to improve their personal services and guidance to individuals who are interested in becoming counsellors

Developing Person-Centred Counselling Dave Mearns, 1994-11-11 The SAGE Publications Person Centred Counselling Package 4 volume set 59 95 Individual price 69 96 Save 10 01 All the books you will need for your person centred courses in one discounted package Person Centred Therapy Today New Frontiers in Theory and Practice Dave Mearns Strathclyde University Brian Thorne University of East Anglia

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Adults Abused as Children Peter Dale, 1999-02-08 This is a useful book that offers insights into outcomes for a sample of adults who sought help for the effects of their childhood abuse and the affect of the personal qualities and approaches of their therapists It traverses some controversial ground and because it brings to light issues that are often on the back labelled too hard should be compulsory reading for all the therapists working in this field International Social Work This book is an extensive overview of practice based research on therapy for adults who were abused as children physically sexually or emotionally Peter Dale looks in detail at the lessons to be learnt from people's experiences of therapy a relief to find such a

comprehensive well researched book on the subject from a psychotherapeutic perspective Its wider relevance is that we society therapists and service planners in particular must learn from people who have been abused as children so that appropriate and supportive services can be set up Transformations The PCSR Journal I believe this book based on Peter Dale s research into the experience of 53 clients is of profound importance to practising counsellors trainers and researchers I recommend this carefully designed and executed piece of research to all BAC readers Mary Berry Senior Lecturer in Counselling University of Manchester The author has created interesting and thought provoking arguments that provide a balanced analysis of abuse therapy in particular Repression Dissociation and False Memory Retrieval Clare Young The Journal of Critical Psychology Counselling and Psychotherapy This enlightening book brings together the experiences of both clients and therapists who receive and provide help for the effects of childhood abuse The book consolidates existing knowledge about child abuse and psychotherapeutic approaches to give an integrated account of counselling and therapy as it relates to adults abused as children Part One examines research in the fields of child abuse and psychotherapy reviewing historically changing attitudes towards childhood abuse and the consequences of cultural context on approaches to treatment Part Two reviews the testimonies of the therapeutic process from over 50 clients and therapists including therapists who were themselves abused as children These testimonies form a basis for the discussion of specific issues such as becoming a client talking about abuse and what happens when things go wrong in therapy Part Three tackles the controversy surrounding recovered memory and child abuse and assesses the implications for the future direction of counselling and therapy

Culturally Responsive Psychotherapy, Counselling & Psychology Susan Sisko, 2025-05-10 This textbook brings together experienced educators researchers counsellors and psychotherapists who offer insights on how to practice teach research and supervise within a framework of social justice and cultural responsiveness Readers are encouraged to reflect on their own role in making counselling and psychotherapy more accessible especially for marginalised communities The book challenges the language that often stems from a colonial mindset focusing instead on the counsellor s critical reflection and the ability to approach issues of equity justice and inclusion thoughtfully as core to the work It explores Eurocentric ideas about colonisation binary thinking and othering through the diverse perspectives of each chapter s authors Each chapter tackles an aspect of counselling practice that will be reframed offering a more inclusive and culturally responsive approach These practices will draw on six core principles 1 decolonising education in counselling and psychology 2 intersectionality 3 cultural humility 4 self awareness and critical reflection for therapists 5 engagement and connection and 6 activism This textbook serves as a valuable resource for teachers students and practitioners of systemic practice family therapy clinical psychology counselling and psychotherapy as well as for professionals in training

Women's Experience of Feminist Therapy and Counselling Eileen McLeod, 1994 Initiatives beyond therapy and counselling tackling a range of social inequalities are also essential to realizing women s emotional wellbeing Counsellors views and experience are also analysed

to clarify the nature of their theories and methods the impact of practice on them as workers and the significance of attempts to create non hierarchical forms of organization

An Introduction to Counselling and Psychotherapy: Theory, Research, Practice and Social Purpose, 7th Edition John McLeod, 2025-03-25 An Introduction to Counselling and Psychotherapy builds on the existing strengths of John McLeod's research and professional experience This title provides a comprehensive introduction to the research and practice of counselling and psychotherapy and enables students to develop their confidence in deploying a range of therapeutic models With renewed focus on issues of social justice and in depth consideration of how best to respond to contemporary developments within and beyond the therapy session McLeod's most recent edition provides students with the skills required to navigate their early careers in a post Covid19 context Complete with case studies and topics for discussion this core textbook acts as a one stop shop for students on a wide variety of counselling training programmes John McLeod is a household name in the world of C P education John has held Professorial position at the Universities of Keele Abertay Olso Padua and Massey and at the Institute for Integrative Counselling and Psychotherapy Dublin He has published 14 books and more than 100 articles and chapters and has an international reputation as a leading figure in counselling and psychotherapy practice and research

Bibliographic Guide to Psychology New York Public Library. Research Libraries, 1990 Publications cataloged by the Research Libraries of the New York Public Library with additional entries from the Library of Congress MARC tapes Dictionary arrangement Entries include LC cataloging information the ISBN number and NYPL holdings

Counseling and Psychotherapy Salvatore Cullari, 2001 This is the first book to bridge the gap between graduate school and professional practice offering a practical examination of major topics in clinical and counseling psychology

[Sexual and Reproductive Health Services Experience of Women at the Malkohi Internal Displaced Persons Camp in Adamawa State, Nigeria](#) Augustine Obe Onyeke, 2023-09-08 Seminar paper from the year 2023 in the subject Gender Studies grade B University of Jos Centre for Gender and Women Studies course Gender and Reproductive Health language English abstract This study describes the SRH services provided and utilized by women of reproductive age at Malkohi IDP camp in Yola south of Adamawa state in Nigeria Notably the paper aimed to outline the types of SRH services the volume of services provided and the status of utilisation by women of reproductive age in the Malkohi IDP camp in Adamawa state the findings indicate that women of reproductive age in Malkohi IDP camp experience multi faceted barriers to utilising SRH services These barriers include a lack of comprehensive Minimal Initial Service Package MISP limited reliable information on sexual and gender based violence SGBV limited supply of menstrual hygiene and sanitation products lack of supply of commodities and SRH supplies as a result of donor inconsistency A cross sectional descriptive analysis was adopted Two focus group discussions composed of 14 women of reproductive age each was held

Canadian Journal of Counselling ,2007 **The Cumulative Book Index** ,1990 A world list of books in the English language

Bibliographic Guide to Education ,1991 lists publications cataloged by Teachers College Columbia

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Krzowski, Pat Land, 1988 **British Book News**, 1989 **A Social Interactional Approach to**
Counselling/psychotherapy Clifford M. Christensen, 1983

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