

# The Ultimate ACLS Study Guide

AN EASY-TO-USE GUIDE TO ALL THE INFORMATION YOU NEED TO PASS YOUR ACLS EXAM



## EKG Anatomy



**P Wave** - atrial depolarization activity in the lower right atrium. It is the first wave seen on an EKG. It is usually small and narrow. It is usually upright in leads I, II, and aVL. It is usually inverted in leads aVR, aVL, and aVF. It is usually upright in leads V1, V2, and V3. It is usually inverted in leads V4, V5, and V6.

**QRS Complex** - ventricular depolarization activity in the lower left ventricle. It is the second wave seen on an EKG. It is usually large and narrow. It is usually upright in leads I, II, and aVL. It is usually inverted in leads aVR, aVL, and aVF. It is usually upright in leads V1, V2, and V3. It is usually inverted in leads V4, V5, and V6.

**T Wave** - ventricular repolarization activity in the lower left ventricle. It is the third wave seen on an EKG. It is usually small and narrow. It is usually upright in leads I, II, and aVL. It is usually inverted in leads aVR, aVL, and aVF. It is usually upright in leads V1, V2, and V3. It is usually inverted in leads V4, V5, and V6.

## ECG Rhythms

<b>Ventricular Fibrillation</b> Irregular, disorganized rhythm.	
<b>Ventricular Tachycardia</b> Rapid, regular rhythm. QRS complex is wide and abnormal.	
<b>Supraventricular Tachycardia</b> Rapid, regular rhythm. QRS complex is narrow and normal.	
<b>Abrystole</b> No visible P waves on EKG. If leads are all depressed, begin CPR immediately.	
<b>Sinus Bradycardia</b> Normal rhythm. Rate is below 60 beats/minute.	
<b>1st Degree AV Block</b> Prolonged PR interval. Rarely treated.	
<b>2nd Degree Block Type I - Wenckebach</b> Prolonged PR interval. Usually treated with a pacemaker.	
<b>2nd Degree Block Type II - Mobitz</b> Prolonged PR interval. Usually treated with a pacemaker.	
<b>3rd Degree Block</b> Prolonged PR interval. Usually treated with a pacemaker.	
<b>Sinus Tachycardia</b> Normal rhythm. Rate is above 100 beats/minute.	
<b>Supraventricular Tachycardia</b> Rapid, regular rhythm. QRS complex is narrow and normal.	
<b>Refractory Ventricular Tachycardia</b> Rapid, regular rhythm. QRS complex is wide and abnormal.	
<b>Ventricular Tachycardia</b> Rapid, regular rhythm. QRS complex is wide and abnormal.	
<b>Ventricular Fibrillation</b> Irregular, disorganized rhythm.	
<b>Asystole</b> No visible P waves on EKG. If leads are all depressed, begin CPR immediately.	



## Electrical Therapy Basics



**Defibrillation** - use of external defibrillator (AED) to restore normal cardiac rhythm.

**Synchronized Cardioversion** - shock synchronized to specific ECG wave.

**Transcutaneous Pacing** - treats abnormally slow heart rate.

## Airway Management



**Adjuvants** - used to assist with airway management.

- Oropharyngeal airway (OPA) - use for unconscious patients.
- Nasopharyngeal airway (NPA) - use for conscious patients.
- NEVER USE WITH A HEAD INJURY.

**Advanced Airway** - recommended method.

- Endotracheal intubation (ETI) - use if patient is unconscious.
- Esophageal intubation (EI) - use if patient is unconscious.

## Post-Resuscitation Care



**Follow the ABCs:**

- Airway - ensure airway is open and clear.
- Breathing - ensure breathing is adequate.
- Circulation - ensure circulation is adequate.

**Other considerations:**

- Temperature - maintain normal body temperature.
- Glucose - maintain normal blood glucose levels.
- Acid-base balance - maintain normal acid-base balance.
- Electrolytes - maintain normal electrolyte levels.

## Acute Coronary Syndromes (ACS)

**Unstable Angina**

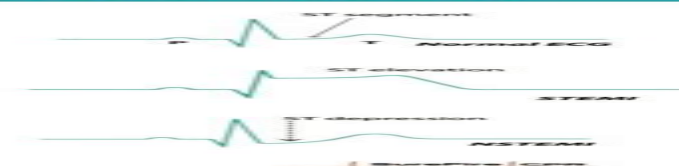
- Chest pain at rest.
- Chest pain that is more severe than previous episodes.
- Chest pain that is longer than previous episodes.
- Angioplasty to open a narrow or blocked artery.

**ST Segment Elevation MI (STEMI)**

- Chest pain at rest.
- Chest pain that is more severe than previous episodes.
- Chest pain that is longer than previous episodes.
- Angioplasty to open a narrow or blocked artery.

**Non-ST Segment Elevation MI (NSTEMI)**

- Chest pain at rest.
- Chest pain that is more severe than previous episodes.
- Chest pain that is longer than previous episodes.
- Angioplasty to open a narrow or blocked artery.

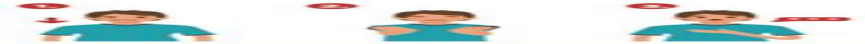


## Stroke Assessment and Treatment

Consider the patient's history and symptoms to determine if a stroke is present.

### Cincinnati Prehospital Stroke Scale:

1. Arm drift
2. Face smile
3. Language



## Code Termination

Consult with medical control before code termination.

- Discontinue resuscitation efforts if no signs of life.
- Discontinue resuscitation efforts if no signs of life.



This document is for informational purposes only and should not be used as a substitute for professional medical advice.

# Fast Response Acls Study Guide

**LP Steffe**

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the 'LP Steffe' text.

## **Fast Response Acls Study Guide:**

*ACLS Study Guide - E-Book* Barbara J Aehlert, 2021-08-05 NEW Updated content includes the latest guidelines from the American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations NEW 20 new illustrations are added to the book's hundreds of illustrations *ACLS Study Guide* Barbara Aehlert, 2007 Written in a conversational style the 3rd edition of the ACLS Study Guide features unique user friendly and easy to remember treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines Full color throughout it offers a complete concise overview of advanced cardiovascular life support ACLS acute coronary syndromes and acute stroke It also features easy to access information with Stop and Review quizzes in each chapter and a comprehensive pretest and posttest New to this edition are a handy ACLS quick reference fold out card a heart rate ruler and more In addition to being an outstanding study tool the ACLS Study Guide 3rd Edition is the official text for the American Safety and Health Institute ACLS certification course For more information on ASHI courses call 800 246 5101 or visit [www.ashinstitute.com](http://www.ashinstitute.com) A pretest and posttest each containing 50 questions with answers and rationales provide readers with opportunities to check comprehension prior to and after study Chapter Objectives allow readers to preview the main points in each chapter Quick Review boxes throughout the chapters and Stop and Review sections at the end of the chapters test reader comprehension of the material Chapters 1-8 comprise a Preparatory section to provide the foundation for the case presentations in the second section Ten case studies present real life clinical situations enabling the reader to make decisions based on information in the Preparatory section Consistent organization of case studies include Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Questions Answers Essential Actions and Unacceptable Actions to aid in the study and mastery of material Unique treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines simplify the new treatment guidelines making them easier to use and remember Chapter on Stroke has now been expanded to include Special Resuscitation Situations ACLS Pearl boxes contain key points and useful tips for clinical practice Keeping it Simple boxes contain essential information in a clear and concise manner A heart rate ruler is included to help determine heart rate while practicing ECG recognition A 4 x 6 pocket size quick reference card with key ACLS algorithms is included for field use Vascular Access and Medications combined into one chapter to present venous circulation information with all relevant common medications used during a cardiac related emergency **Pediatric**

**Advanced Life Support Study Guide** Barbara Aehlert, 2005 The second edition of this study guide by popular author Barbara Aehlert incorporates both prehospital and hospital management of pediatric emergencies In a concise easy to read outline format Pediatric Advanced Life Support Study Guide 2nd Edition provides the most essential information a provider needs Pediatric Advanced Life Support Study Guide 2nd Edition reflects the 2000 emergency cardiovascular care guidelines

It is also the approved text for the American Safety contact your sales representative for details An outline format featuring bulleted lists concise tables and a user friendly writing style makes this comprehensive text incredibly easy to read and understand A Pretest and a Posttest consisting of multiple choice true false fill in the blank and essay questions tests readers overall comprehension of the material PALS Pearl Boxes help readers apply information covered in the text to real life clinical situations Sidebars contain additional information relevant to the topics covered in the chapter giving readers an opportunity for further learning A laminated quick reference card gives practitioners easy access to critical information in the field or hospital This convenient card includes essential information regarding respiratory and heart rates blood pressure basic life support interventions Glasgow Coma Scale airway size and equipment selection for intubation corresponding to the Broselow Resuscitation Tape several pediatric algorithms and pain assessment tools FREE quick reference card included **PCCN® Exam Prep Study Guide** Springer Publishing Company,2023-03-15 PCCN Exam Prep Study Guide gets right to the point with a targeted content based on the latest AACN exam blueprint This easy to follow guide includes all the tools you need to prepare practice and pass the exam and nothing you don't PREPARE Concise coverage of the content you'll be tested on Quick reference features with complications alerts and nursing pearls Need to know information to prepare you for exam day PRACTICE Two full length practice tests one in book and one online to assess your readiness and simulate the test taking experience Detailed rationales for correct and incorrect answers Pop quizzes that highlight key information you don't want to miss PASS The first time with Springer Publishing Exam Prep's 100% Pass Guarantee With confidence knowing you're well prepared with all the skills and knowledge you need on exam day and in practice With pride in your commitment to patient health and safety PCCN is a registered trademark of the American Association of Critical Care Nurses AACN AACN does not endorse this resource nor does it have a proprietary relationship with Springer Publishing Company **NULL** Lynn Fitzgerald Macksey, Kelly L. Wiltse Nicely,2013-02-20 *ACLS Quick Review Study Cards* Barbara Aehlert, Barbara J Aehlert, Msed Bspa RN,1994 Perforated cards in a book format feature a review question and ECG tracing on the front of the card with the answer and rationale on the back Color coded cards are designed to correspond with discussions in the author's text *ACLS Quick Review Study Guide* 500 cards *Next Generation NCLEX-RN Exam Prep Study Guide* HTL Publishing,2025-07-14 UNLOCK E LEARNING WEB SECTION WITH 1500 FLASHCARDS AND MULTIPLE CHOICE QUESTIONS A Smarter Faster and More Reliable Way to Prepare Specifically designed for the new NCLEX RN format this comprehensive study guide provides a structured high yield system to help you focus on what truly matters without wasting time on outdated methods or irrelevant content Whether you're a full time student a working professional or returning to your studies after a break this book adapts to your pace It's not about studying more it's about studying better What Makes This NCLEX RN Prep Different Streamlined Learning for Busy Students Every chapter focuses on the essential concepts tested on the exam Complex material is broken down into clear accessible explanations that make even the most challenging

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**ACLS (Advanced Cardiac Life Support) Review: Pearls of Wisdom, Third Edition** Michael Zevitz,Scott Plantz,William Gossman,2007-11-28 MAXIMIZE YOUR ACLS SCORE A Doody s Core Title 3 STAR DOODY S REVIEW This book s most impressive aspect is that it presents the core topics in a direct and concise manner that makes it a quick read and easy to understand Doody s Review Service Pearls of Wisdom ACLS Review 3e is your most effective weapon in preparing for the American Heart Association s Advanced Cardiac Life Support exam This rapid effective review ensures your best possible performance on the exam in the shortest possible study time There is no easier or faster way to ensure that you perform your best FEATURES 1200 rapid fire questions cover all topics on the ACLS exam Powered with performance improving pearls and other potent learning aids Updated to reflect the 2005 AMA guidelines NEW chapter

on child and infant CPR and ventilation      *Tintinalli's Emergency Medicine: A Comprehensive Study Guide, Seventh Edition*  
Judith Tintinalli, J. Stapczynski, O. John Ma, David Cline, Rita Cydulka, Garth Meckler, 2010-11-12 The landmark emergency medicine text is now in full color 17 additional chapters available for download With 418 contributors representing over 120 medical centers around the world Tintinalli's Emergency Medicine is the most practical and clinically rigorous reference of its kind It covers everything from prehospital care disaster preparedness and basic resuscitative techniques to all the major diseases requiring emergency treatment such as pulmonary emergencies renal and GU disorders and hemophilia This authoritative in depth coverage makes this classic text indispensable not only in emergency departments but also for residents and practitioners when studying or preparing for any exam they may face While continuing to provide the most current information for acute conditions the seventh edition of Tintinalli's Emergency Medicine has been substantially revised and updated to cover all of the conditions for which patients seek emergency department care in a concise and easy to read manner NEW Features Full color design with more figures and tables than ever Reader friendly chapter presentation makes it easy to find important material Updated tables covering drugs and important clinical information Patient safety considerations and injury prevention are integrated into chapters as appropriate Total revision of the dermatology section enables diagnosis by lesion description and body area affected and provides current treatment Organ systems sections reorganized to reflect considerations for actual clinical practice New chapters New adult chapters include Natural Disasters Aneurysms of the Aorta and Major Arteries Hip and Knee Pain Aortic Dissection Acute Urinary Retention Subarachnoid Hemorrhage and Intracranial Bleeding Clotting Disorders Community acquired Pneumonia and Noninfectious Pulmonary Infiltrates Type I Diabetes Type II Diabetes Anemia Tests of Hemostasis Clotting Disorders Head Injury in Adults and Children the Transplant Patient Grief Death and Dying and Legal Issues in Emergency Medicine Twelve new pediatric chapters including The Diabetic Child Hematologic Oncologic Emergencies Ear and Mastoids Eye Problems in Infants and Children Neck Masses GI Bleeding Nose and Sinuses Urologic and Gynecologic Procedures in children Renal emergencies in children Behavioral and Psychiatric Disorders in children Pediatric Procedures Pediatric ECG Interpretation Greater coverage of procedures throughout for the most common conditions seen in the emergency department Available content for download includes an additional 17 chapters such as Hyperbaric Oxygen Therapy Principles of Imaging Prison Medicine Military Medicine The Violent Patient Forensics Wound Ballistics and Drug Interactions Free downloads also feature videos and animations for teaching and learning performance of important procedures especially Ultrasound Guided Procedures

Mosby's Comprehensive Pediatric Emergency Care Barbara Aehlert, 2005 Mosby's Comprehensive Pediatric Emergency Care is the first text to incorporate both prehospital and hospital management of pediatric emergencies This unique text provides in depth coverage of every area of pediatric emergency care making it ideal for prehospital providers physicians nurses and other health care professionals who treat pediatric patients This new text reflects the 2000 American Heart

Association Emergency Cardiovascular Care guidelines and includes pediatric advanced life support This is the approved textbook for the American Safety contact your sales representative for details Includes pediatric advanced life support An outline format featuring bulleted lists concise tables and a user friendly writing style makes this comprehensive text incredibly easy to read and understand A laminated quick reference card gives practitioners easy access to critical information in the field or hospital This convenient card includes essential information regarding respiratory and heart rates blood pressure basic life support interventions Glasgow Coma Scale airway size and equipment selection for intubation corresponding to the Broselow Resuscitation Tape several pediatric algorithms and pain assessment tools PEDS Pearl boxes help readers apply information covered in the text to real life clinical situations A Medication Chart in Chapter 8 features an alphabetical listing of medications commonly used in pediatric emergency care helping readers learn the basics of common medications at a glance Sidebars contain additional information relevant to the topics covered in the chapter giving readers an opportunity for further learning Chapter quizzes help readers gauge their comprehension of the chapter Glossary at the end of the book allows readers to look up words quickly and easily A Pretest and a Posttest consisting of multiple choice true false fill in the blank and essay questions test readers overall comprehension of the material Contains a FREE laminated quick reference card

**Pediatric Advanced Life Support** Barbara Aehlert, President Southwest Ema Education Inc Phoenix Arizona Barbara Aehlert, R.N., Aehlert, 1996 A full color PALS study guide This popular study guide summarizes the basic concepts presented in the AHA course and provides an opportunity for self evaluation through its question and referenced answer format Includes a comprehensive pre test and post test and four additional chapter quizzes Answers are referenced to 1992 JAMA and AHA PALS text

**Tintinalli's Emergency Medicine: A Comprehensive Study Guide, 9th edition** Judith E. Tintinalli, O. John Ma, Donald Yealy, Garth D. Meckler, J. Stephan Stapczynski, David M. Cline, Stephen H. Thomas, 2019-10-22 Publisher's Note Products purchased from Third Party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product The long awaited new edition of the world's most widely used and highly regarded textbook and reference of emergency medicine A Doody's Core Title for 2019 Tintinalli's Emergency Medicine is THE essential resource for everyone working in and teaching emergency medicine The Ninth Edition provides the depth and breadth of coverage that reflects the complexity and expertise needed to practice emergency medicine in today's fast paced environments This comprehensive text is an important clinical resource for physicians residents and students advance practice providers emergency nurses EMTs and paramedics It is a necessary resource for in training and board examinations and recertification Tintinalli's Emergency Medicine covers everything from prehospital care disaster preparedness and basic and advanced resuscitative techniques to all the significant medical traumatic and environmental conditions requiring emergency treatment in adults children and neonates Highlights of the Ninth Edition Full color design with more tables than ever to succinctly present key information Extensive updates to all

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Obstetric Anesthesia: Quick References & Practical Guides Philip E. Hess, Yunping Li, John J. Kowalczyk, Justin K. Stiles, 2023-06-20 This succinct evidence based book delivers everything you need to provide safe effective care to pregnant women in subacute and emergency situations A quick reference guide designed for on the spot clinical guidance Obstetric Anesthesia Quick References Practical Guides fills a gap in the current literature by distilling the information of a comprehensive textbook into a quick review and provides standard instructions that can be integrated into everyday practice You'll find a collection of common and uncommon clinical challenges with up to date obstetric anesthesia practices that serve both experienced and novice clinicians Chapters include a brief review of the topic clinical pearls bullet points and tables highlighting key information references for the latest scientific information and primary literature as well as guides protocols or standard operating procedures for immediate application all based on the BIDMC Department of Anesthesia's long history of providing cutting edge care for pregnant women The text also serves as a clinical reference guide and teaching tool Obstetric Anesthesia Quick References Practical Guides Describes tools and methods for caring for pregnant women in labor Includes the best scientific evidence and BIDMC's Department of Anesthesia's Obstetrical Division's thoroughly tested institutional practices used for the care of pregnant women Incorporates clear step by step instructions and up to date guidelines and standards Provides essential information in each chapter followed by evidence based best practices for the given topic Pairs succinct presentations with relevant and practical instructions for patient care to support emergency decision making problem solving and patient safety

**Fire Engineering**, 1994  
Study Guide for Advanced Life Support Ken Grauer, 1984      *Respiratory Care*, 1997-07      **Healthcare provider's**



**manual for basic life support** ,1988      **Air Cushion Landing Systems** ,1972      Critical Care Intravenous Infusion Drug Handbook Gary J. Algozzine,Robert Algozzine,Deborah J. Lilly,2002 This practical easy to use reference facilitates the administration of 39 of the most complex and common IV infusion drugs used in critical care Section I presents at a glance algorithms covering the ACLS Guidelines for Adult Emergency Cardiac Care Section II offers a Quick Mixing Guide for intravenous infusion drugs And Section III covers each of the most complex and common IV infusion drugs in detail presenting all of the data needed for safe administration Coverage of each drug addresses its most common uses preparation and administration dosages warnings and adverse reactions compatibility with other drug infusions and general nursing considerations Drip Rate Calculation Charts and Dosing Charts quickly explain how to mix and prepare drugs that are usually needed by patients on an immediate urgent basis Unique Calculation Factors for each drug greatly simplify an otherwise complicated process and substantially reduce the chance of medication errors

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